

# Self Defense – Street/Terrorism Survival Workshop

Learn how to survive the most common street/Terrorism survival attacks. Something that most martial art schools/MMA DOES NOT cover. Reality based attacks and scenarios.

**Topics covered will include the following:**

<b>Hand Grenade/IDE (Improvised Explosive Device) Survival</b>	
<b>Terrorism Survival</b>	<b>Attack scenarios</b>
<b>Armed Robbery Defense</b>	<b>Impact Weapon Survival</b>
<b>Kidnapping Survival</b>	<b>Close range fighting</b>

## About the Workshop

- Utilize reality based concepts and techniques in order to learn how to defend yourself
- Realistic attacks and scenarios – with and without weapons
- This will be an open learning and sharing forum
- "Non-competitive" atmosphere geared towards the learning, sharing and communication process
- Air-soft weapons will be utilized thorough out the workshop
- Attacks with guns, knives and sticks
- Learn to maintain a state of alertness coupled with knowledge of the types of threats is the key to surviving a terrorist attack.

**No prior martial arts experience is required in order to participate in this workshop**

- Adults only men and women all sizes
- Safety goggles must be worn during the use of the air-soft weapons
- Learn to become a HARD target
- Wear comfortable clothing
- Open to all schools/styles

**Price: \$20 – please email if you plan on attending**  
**Date: May 29, 2010 - Time: 1:30 PM – 4:00 PM**

Pay at the door or use our convenient Google checkout to pay for your workshop.



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Located in the Aikido Center of NJ dojo - Second Floor  
Please visit the website for directions to the dojo: <http://ninja.com>